

# Rotary ALLFIT Coastal Fun Run – 2025 Participant Information

Thanks for entering the Rotary ALLFIT Coastal Fun Run on Sunday 19<sup>th</sup> October, 2025. We really do appreciate your support! Please read the following information very carefully, it will save you a lot of stress on the day.

# 1. RACE BIB PICKUP

WE STRONG ADVISE that you pick up your race bib on the advertised day as race day will be extremely busy. You may get someone to collect on your behalf. As an incentive, we always have some giveaways and spot prizes that are worthwhile collecting and not available on event day!

Pickup time and location this year are:

1. 3.00pm – 5.00pm Saturday 18th October – Te Puru Community Centre, Beachlands

Note that we are timing all participants again this year and all timing chips are on the back of your race bib. Please make sure you wear your bib attached at the front of you and DO NOT wear anything over the top of it otherwise you may not be picked up by the timing pads.

Otherwise you can collect on the day of the event starting at 8.00am at Te Puru Park where all races start and finish. See below for the parking areas that are available on the day.

#### 2. LATE REGISTRATIONS

Online registrations close at midnight on the Friday before the event – that is there are no online bookings available on the Saturday or Sunday. You may however register at the bib pickup location at Te Puru on Saturday or at the event on Sunday morning.

Any registrations on the event day must be at Te Puru Park after 8.00am. <u>See pricing on the</u> <u>Website</u>.

#### 3. PARKING

Te Puru (see the parking information below or on the Website) has reasonable parking options.

Suggested parking at Te Puru Park, Beachlands:



#### 4. RACE TIME STARTS

The Kid's Dash starts at 9.30AM at Te Puru Park.

The 10km event starts at Te Puru park at 10.00AM and there will be a race briefing at around 9.50AM.

The 5km event starts at Te Puru park at 10.20AM and there will be a race briefing shortly around 10.10AM.

# 5. COURSES

Both the <u>5km</u> and <u>10km</u> courses start toward the north west, with the 10km using both loops within Leigh Auton Reserve and the 5km only the first. Both come back down the hill and along the seaside path before crossing the bridge into Omana Regional Park and into the northern section of the Perimeter Track. Once across the bridge near Omana Esplanade, the 5km course heads back along the southern Perimeter Track before connecting back to Te Puru Park. The 10km continues on to do an out and back to just past the Maraetai Beach Boating Club and once back follows the 5km course back to Te Puru Park.

The Kid's Dash takes place prior to the longer distance events and is a circuit of Te Puru Park.

PLEASE LISTEN TO THE BRIEFINGS, THE MARSHALLS AND TRAFFIC MANAGEMENT OFFICERS AND FOLLOW THEIR INSTRUCTIONS ON ALL OCCASIONS – YOUR SAFETY IS PARAMOUNT.

#### 6. COURSE REFRESHMENTS

There are Aid Stations as shown on the course maps on the Website. All Aid Stations will be water only WE ENCOURAGE YOU TO CARRY YOUR OWN REUSEABLE BOTTLE OR CUP – please help us reduce the amount of waste going into the landfill.

There will be water and drinks available at the end of your run/walk.

# 7. MEDICAL, OTHER PEOPLE

Please take care of yourself and others on the course. If you come across another participant who needs help please stop and help them. If it is a serious injury or medical event please report it to the nearest marshall or Aid Station and if necessary send someone else to do that. They have the details of the Event Manager and medical services.

# 8. AFTER EVENT

Please support our food and other suppliers at the Te Puru Park, many of them are supporting the event or fundraising for local organisations and charities. So please bring cash to support them.

# 9. PRIZE GIVING

Prize giving will be at 12:00 NOON approx at Te Puru Park but the organisers reserve the right to bring this forward or start later. We do have a wide range of great spot prizes so do hang around!

# **10. CANCELLATION/POSTPONEMENT**

The Event Organisers reserve the right to cancel or postpone the event if proceeding will significantly endanger participants. Note that the event will continue if the day is wet, this is normal for Auckland! If the event is cancelled or postponed the organisers will make every attempt to contact participants with a notice on NewsTalk ZB, the event Website and Facebook pages.